

Postpartum Psychosis is RARE.



POSTPARTUM PSYCHOSIS

Very rarely mothers will have postpartum psychosis. This is a serious illness with risks to mother and baby.

YOU MAY:

- Have thoughts of harming yourself or the baby
- Hear or see things that are not there
- Believe people or things are going to harm you or your baby
- Feel confused or out of touch with reality

If you have any of these feelings or thoughts,
don't wait. Get help right away.

Call your doctor now **OR** Go to your local hospital's emergency department **OR** Call a crisis intervention line